

## Hearing Handicap Inventory for Adults

**Instructions:** The purpose of the scale is to identify the problems your hearing loss may be causing you. Check Yes, Sometimes, or No for each question. Do not skip a question if you avoid a situation because of a hearing problem.

	<b>Yes</b>	<b>Sometimes</b>	<b>No</b>
1. Does a hearing problem cause you to feel embarrassed when meeting new people?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Does a hearing problem cause you to feel frustrated when talking to members of your family?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Does a hearing problem cause you difficulty hearing/understanding coworkers, clients, or customers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you feel handicapped by a hearing problem?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Does a hearing problem cause you difficulty when visiting friends, relatives, or neighbors?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Does a hearing problem cause you difficulty in the movies or theater?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Does a hearing problem cause you to have arguments with family members?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Does a hearing problem cause you difficulty when listening to TV or radio?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Do you feel that any difficulty with your hearing limits or hampers your personal or social life?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Does a hearing problem cause you difficulty when in a restaurant with relatives or friends?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Source: Newman, CW, Weinstein, BE, Jacobson, GP, Hug, GA. Test-retest reliability of the Hearing Handicap Inventory for Adults. Ear and Hearing, 12, 355-357, 1991, p. 357.*

**Results:** If you checked "Yes" or "Sometimes" on several lines, you may have a hearing handicap. To visit a Utica Park Clinic Ear, Nose & Throat specialist, call 918.459.8824. Bring this completed form to your appointment.