



TODDLER EXAM — THREE YEARS

Date _____

LENGTH _____ WEIGHT _____

DEVELOPMENT

1. Most children are talking in sentences.
2. Most are pretty well toilet trained.
3. Substitution and distraction often handle problems better than punishment.
4. Keep to routine as much as possible and warn child ahead of time about changes.

ACCIDENT PREVENTION

1. Continue to gate stairs. Keep doors locked to prevent unsupervised children from going outside.
2. Keep knives and firearms out of reach. Consider removing firearms from your home.
3. Supervise children closely when near the street.
4. Advise children to be careful around dogs — especially one that is eating.
5. Swimming lessons DO NOT make children water safe at this age.
6. Talk to your children about not following strangers and not accepting touches they don't like by others.

NUTRITION

1. Limit the junk food.

ILLNESS

1. Acetaminophen Syrup or Chewable Tablets — follow directions on container.

NEXT VISIT

- At 4 years of age.