



## Utica Park Clinic – Pediatrics

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### INFANT EXAM – TWO YEARS

Date \_\_\_\_\_

LENGTH \_\_\_\_\_ WEIGHT \_\_\_\_\_

#### DEVELOPMENT

1. Most children are putting 2 words together by now.
2. Talk with your child and listen to what he has to say.
3. Toilet training — age 2-3. Some little girls may already be toilet trained. Many little boys are not well trained until after age 3. Wait until the child is ready and be patient. If your child resists after the first attempt, wait another month or two then try again.
4. Temper tantrums are common. Ignore them or try a time out place.

#### ACCIDENT PREVENTION

1. *Always* use a car seat.
2. Continue your efforts to “childproof” your home.
3. Continue to supervise children’s play – especially near streets.

#### NUTRITION

1. Small frequent meals often work better than 3 large ones.
2. Avoid snacks that cause cavities.

#### ILLNESS

- 1 Acetaminophen Drops – 1.6 mL *or* Acetaminophen Syrup – one teaspoon *or* Acetaminophen Chewable 80 mg. tablets – 2 every 3-4 hours for temperature over 101 degrees.

#### NEXT VISIT

At 3 years of age.