



UTICA PARK CLINIC

Development

AGE	GROSS MOTOR	FINE MOTOR	SOCIAL	LANGUAGE
18 MONTHS	Runs stiffly. Rarely falls when walking. Walks upstairs - one hand held - one step at a time. Climbs into chair. Walks, pulling toy or carrying doll. Throws ball without falling. Knee flexion seen in gait.	Turns pages 2-3 at a time.	Uses spoon without rotation but still spills much. Indicates wet pants. Hugs doll. Likes to take off shoes and socks. Points to one picture. Knows at least 1 body part.	2 step commands. 6-10 words. Knows "hello" and "thank you." More complex jargoning.
24 MONTHS	Rarely falls when running. Walks up and down stairs alone one step at a time. Kicks large ball without demonstration. Clasps hands. Overhand throw.	Turns book pages singly. Turns door knob. Unscrews lid.	Uses spoon spilling little. Holds spoon with overhand grasp. Puts on a simple garment. Parallel play. Assist bathing. Likes to wash and dry hands. Holds glasses securely with one hand. Plays with food.	Jargon discarded. 2-3 word sentences. 50 words. 3 step commands. Refers to self by name. Understands and asks for "more." 4 body parts Asks for food by name. Inappropriately uses personal nouns.
36 MONTHS	Stands on one foot for one second. Jumps from bottom step. Alternated feet upstairs. Pedals a tricycle.	Pours from pitcher. Unbuttons. Zips and unzips.	Takes turns. Separates from mother easily. Feeds self well. Plays interactive games (tag). Knows sex. Dresses with supervision. Insists on washing self and doesn't like to get out of tub. Knows day from night. Sets table. Gets up from table often.	Knows full name. One color. Knows few rhymes. Uses plurals. May count to 10. 3-4 word sentences.
5 YEARS	Skips alternating feet. Stands on one foot (prolonged). Catches bounced ball with hands (not arms).	May tie shoe laces.	Washes face and hands before meals if reminded. Dresses and undresses with no help. Knows morning from afternoon. Pulls a wagon. Washes and wipes dishes. Squirms at dinner table and monopolizes conversation. Bathes completely. Likes to play dress up in adult clothing. Attention span 10-15 minutes.	Asks "why." Asks meaning of words. Knows 4 colors. Counts to 10. Knows own age.

School readiness evaluation: Preschool attendance Yes No

Formal development evaluation: Yes No When: _____

Results: Ready Not Ready Why: _____

Office evaluation: Knows alphabet, recognizes letters, recognizes numbers, writes name, pencil grip, scissors, toilets self, articulation, maturity compared to peers.