



UTICA PARK CLINIC

DEVELOPMENT

AGE	GROSS MOTOR	FINE MOTOR	SOCIAL	LANGUAGE
2 MONTHS	Ventral susp head in same place as body. Lifts head 45 on flexed forearms prone. Energetic arms. Sitting, head bobs forward.	Hands open 50%. Hand to mouth.	Alert expression. Smiles and vocalizes when talked to. Follows beyond midline.	Cooing. Single vowel sounds.
4 MONTHS	Head up 90 on flexed forearms. Swims. Only slight head lag at beginning of movement. Rolls side to side Some weight bearing on extended legs.	Crude extended reach and grasp. Hands together at midline, plays with fingers. Toy to mouth (supine).	Body activity at sight of dangled toy on table if sitting. Regards toy in hand. Regards small object. Recognizes bottle and opens mouth for nipple. Anticipates feeding with excitement.	Laughs out loud. No tongue thrust.
6 MONTHS	Bears full weight on legs if held standing. Sits alone with minimal support. Pivots in prone.	Reaches for dropped toy within reach. Lifts cup by handle and drops it. Plays with toes.	Displeasure at removal of toy. Puts toy in mouth if sitting. Shy with strangers. Imitates cough and protrusion of tongue. Smiles and talks to mirror image.	Growl or grunts (deep sounds). Initiates "conversation" with toys, people, self. Vague, formless babble, especially with family members.
9 MONTHS	Sits steadily for 15 minutes on hard surface. Reciprocally crawls.	Pincer.	Feeds cracker neatly. Bangs spoon. Drinks from cup with help. Listens to conversation. Shouts for attention. Lateralizes sound directly.	Plays "dropsey" game. Mama-dada inappropriately. Responds to "no" 100% of time.
10 MONTHS	Pulls to stand. Sits indefinitely. Sitting to prone. Crawls easily.	Pokes with index finger. Beginning to release objects.	Pat-a-cake, etc. Waves bye.	
11 MONTHS	Prone to sit easily. Cruises laterally.		Holds toy out to examiner but won't release. Holds arm to sleeve but doesn't push. Shakes head for "no."	Mama-dada appropriately
12 MONTHS	Sitting, pivots to pick up object. Walks, hands held at shoulder height.	Easy pincer with arm off table.	Deliberately takes toys off table to play in floor. Squeezes squeaking toy.	Mama-dada, plus 1 other word. Follows 1 step command 75%.
15 MONTHS	Few steps alone. Creeps up stairs. Kneels without support. Stoop and recover. Cannot stop or round corners suddenly. Collapses & catches self.	"Helps" turn pages of book.	Feeds self fully leaving dishes on tray. Uses spoon turning upside down, spilling much. Tilts cup to drink, spilling much. Helps pull off clothes. Indicated wants by pointing and vocalizing "uh-uh." Pats at pictures in book.	4-6 words. Early jargonizing.