



INFANT EXAM - SIX MONTHS

Date _____

LENGTH _____ WEIGHT _____

DEVELOPMENT

1. Sits unsupported (6-7 months).
2. Reaches with one hand.
3. Transfers objects from one hand to another.
4. Fear of strangers/separation anxiety.

ACCIDENT PREVENTION

1. *Always* use a car seat. Use a rear facing seat until baby weighs 20 pounds, and is at least 1 year of age.
2. Walkers – not necessary, can be dangerous around stairs.
3. Begin to “childproof” your home. Survey for sharp objects, sharp table edges, medicines and poisons. Obtain locked boxes or install cabinet locks for poisons and other dangerous items.
4. Block hallways with a safety gate.
5. Put electrical outlet covers over all unused outlets.
6. Use the playpen as an “island of safety” when needed.
7. If you have a swimming pool, make sure it is properly fenced and that the infant is never left unattended near the pool.
8. Keep poison hotline # (1-800-764-7661) in case of accidental ingestion.
9. **Poison Hotline — 1-800-764-7661.**

NUTRITION

1. Start on solids (if you haven't already done so).
2. Introduce a cup - but don't expect too much too soon.

ILLNESS

1. Acetaminophen Drops - 0.8 mL (12-17 pounds) / 1.2 mL (18-32 pounds).
2. Fever does **not** cause brain damage.

NEXT VISIT

At 9 months of age.